

Mindfulness Skills for Students Timetable

Michaelmas 2017

	<u>TUESDAY</u> 10 th October – 28 th November 2017 <u>Corpus Christi</u> I4 Meeting Room <i>No disabled access</i>	<u>WEDNESDAY</u> 11 th October – 29 th November 2017 <u>Selwyn College</u> Tower Room <i>No disabled access</i>	<u>THURSDAY</u> 12 th October – 30 th November 2017 <u>Christ's College</u> Lloyd Room <i>Disabled access</i>
LUNCH SESSIONS	<u>Course 1</u> Tuesdays at 12:00-1:30		<u>Course 5</u> Thursdays at 12:00-1:30
MID AFTERNOON SESSIONS	<u>Course 2</u> Tuesdays at 3:00-4:30	<u>Course 4</u> Wednesdays at 1:00 – 2:30	<u>Course 6</u> Fridays at 3:00 – 4:30
EARLY EVENING SESSIONS	<u>Course 3</u> Tuesdays at 5:30-7:00		<u>Course 7</u> Thursdays at 5:30-7:00