

# Mindfulness Skills for Students Timetable

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## Michaelmas 2017

	<u><b>TUESDAY</b></u> 10 <sup>th</sup> October – 28 <sup>th</sup> November 2017  <u><b>Corpus Christi</b></u> I4 Meeting Room  <i>No disabled access</i>	<u><b>WEDNESDAY</b></u> 11 <sup>th</sup> October – 29 <sup>th</sup> November 2017  <u><b>Selwyn College</b></u> Tower Room  <i>No disabled access</i>	<u><b>THURSDAY</b></u> 12 <sup>th</sup> October – 30 <sup>th</sup> November 2017  <u><b>Christ's College</b></u> Lloyd Room  <i>Disabled access</i>
LUNCH SESSIONS	<u><b>Course 1</b></u> Tuesdays at <b>12:00-1:30</b>		<u><b>Course 5</b></u> Thursdays at <b>12:00-1:30</b>
MID AFTERNOON SESSIONS	<u><b>Course 2</b></u> Tuesdays at <b>3:00-4:30</b>	<u><b>Course 4</b></u> Wednesdays at <b>1:00 – 2:30</b>	<u><b>Course 6</b></u> Thursdays at <b>3:00 – 4:30</b>
EARLY EVENING SESSIONS	<u><b>Course 3</b></u> Tuesdays at <b>5:30-7:00</b>		<u><b>Course 7</b></u> Thursdays at <b>5:30-7:00</b>